

## The Nurse of the 21st century Project

### A catalogue of best practices to overcome barriers, restrictions and risks in the nursing profession

Work on the catalogue of good European practices was carried out in national working teams. In the case of this result, we used mainly the vast experience of healthcare professionals working in project teams in partner countries. These were, among others, decision-makers representing hospitals from Belgium and Germany, whereas in Poland - voivodship consultants in the field of oncology and paediatric nursing, as well as authorised representatives of persons with disabilities. The work began with a review of solutions used in partner countries which were presented at subsequent partner meetings. It is worth noting that the presentations were an opportunity for discussions, during which we evaluated, among others, the possibility of using certain solutions in partner countries. During the work carried out within the project, Partners from Germany and Belgium were particularly interested in psychiatric nursing solutions used in Poland. To this end, the Leader's project team prepared a seminar on this topic during a partner visit to Poland in June 2019.

Ultimately, the Partners identified the following good practices:

- Leader - the functioning of the Professional Self-Government of Nurses and Midwives (since 1989) whose main task is to supervise the appropriate practice of the profession in accordance with, and for the purpose of protecting the public interest, as well as selected aspects of cooperation between local government units and medical care facilities.
- Belgian Partner - the functioning of hospitals under the Magnet system, which is an example of excellent quality in the field of nursing care, gives the opportunity to introduce innovations and continuous improvement of professional nursing practice and working environment, and ensures interdisciplinary cooperation. The second solution recognised as a good practice is the psychiatric nursing education system implemented at the Thomas More University of Applied Sciences in Mechelen.
- German Partner - the Care and Case Management philosophy which ensures an optimal level of patients' well-being and safety through proper communication, education and cooperation, supports and organises the work of nurses and co-workers beyond organisational boundaries, and also improves the profile of professional care.

Care and Case Management (CCM) is used in individual care and to create a network of assistance services. Functioning in line with CCM is an increasingly popular procedure in the areas of social care, healthcare and nursing, as it helps to optimise them. All activities are focused on satisfying customers' needs in a consistent manner, using the informal support of volunteers. In order to ensure customers easy access to help and assistance, one configures support networks. The training course is dedicated to students in the last year of their studies, former students and nursing staff. The program is implemented by certified coaches and

includes basic and advanced modules, as well as those concerning intercultural competences and diversity since one promotes access to social and health services also for people with a migrant background. The certificate that participants receive at the end of the training course is recognised by the German Care and Case Management Association (DGCC).

The materials prepared by the project teams are separate documents posted on the Partners' websites.

**Publication co-funded by the Erasmus+ Programme of the European Union**

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